



JULY 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
					11 and up 8-9 10 and U 9-9:50	Movie Night Pool Time 5-7 Movie 7-9
3	4	5	6	7	8	9
		AWAY MEET vs TWINSBURG 11 and up 8-9 10 and U 9-9:50	11 and up 8-9 10 and U 9-9:50	HOME MEET vs CHARDON 11 and up 8-9 10 and U 9-9:50	11 and up 8-9 10 and U 9-9:50	
10	11	12	13	14	15	16
	11 and up 8-9 10 and U 9-9:50	HOME MEET vs BBLs 11 and up 8-9 10 and U 9-9:50	11 and up 8-9 10 and U 9-9:50	AWAY MEET vs LANDERWOOD 11 and up 8-9 10 and U 9-9:50	Practice for Invitational Participants only all arrive by 8 a.m.	INVITATIONAL Arrive by 7:30 a.m.
17	18	19	20	21	22	23
	Intrasquad Meet 8:00 a.m. ALL Ice Cream Social 6:00 p.m. ALL					
24	25	26	27	28	29	30
31						

Head Coach:

Tim Wintering: 330-357-6030

Manager:

Jo Wintering: 440-725-5156 or
jowintering@windstream.net

Swim suits available at Step-In in Chagrin Falls-specify CVRC team suit.

Please arrive for all meets by 5:45 p.m. to verify your events and be ready for warm-ups